

# Weekly Flex Planner

## **How to Use Your Weekly Planner with Flex Blocks**

1. Week: Write your date range
2. Anchor Points: Fixed events & must-dos
3. Habit Tracker: Track daily habit progress
4. Weekly Priorities: Top 3 goals this week
5. Weekly Checklist: Tasks to finish this week
6. Weekly Summary: Wins, lessons & tweaks
7. Next Week Preview: Priorities, events & prep



# Weekly Flex Plan

Week: .....

Monday	Notes
<b>Anchor Points</b> Fixed events & must-dos	
<b>Habit Tracker</b> Track daily habit progress	

Tuesday	Notes
Anchor Points	
Habit Tracker	

Wednesday	Notes
Anchor Points	
Habit Tracker	

Thursday	Notes
Anchor Points	
Habit Tracker	

# Weekly Priorities Top 3 goals this week

[illegible]

Notes

# Weekly Flex Plan

Week: .....

Friday	Notes
Anchor Points <i>Fixed events &amp; must-dos</i>	
Habit Tracker <i>Track daily habit progress</i>	

Saturday	Notes
Anchor Points	
Habit Tracker	

Sunday	Notes
Anchor Points	
Habit Tracker	

Weekly Summary	Next Week Preview
This Week's Wins: Biggest accomplishments	Top Focus
Lessons Learned Key Takeaways	Important Events
Changes for Next Week	Things to Prepare

## Weekly Priorities Top 3 goals this week

[illegible]

# Notes